**Fast Pitch Coaching Milestones**

**Week 1 Kick Off:** presentation training and coaches orientation

**Week 2 Coaching Teams**

Get to know one another and the organization (speaker’s story/coaches’ appreciative questions)

Co-design coaching relationship (speaker’s: learning style, feedback preferences, and definition of success)

Prepare first outline/flow (speaker): Open, close, (3) key points, ask/call to action

**Week 3 Group coaching session #1 – Aug 19**

Mini training = Grounding, use of handheld microphone, voice projection

Coaches record group feedback for their speaker

**Week 4 Coaching teams**

Review video from session #1

Reflect, resonate, integrate group feedback

Refining presentation; consider prop and plan clothing (lavalier) for Session#2

**Week 5 Group Coaching Session #2 – Sept 2**

Mini training = Vocal exercises and use of lavalier microphone

Coaches record group feedback for their speaker

**Week 6 Coaching teams**

Review video from session #2

Reflect, resonate, integrate group feedback

Confirm prop/visual; finalize flow of speech

**Week 7 Coaching teams**

Notes-free (not-memorized!) presentation for Session #3

Build emotional connection and ownership of speech (speaker)

**Week 8 Group coaching session #3 – Sept 23**

Mini training = Surprise!

Group feedback on comment cards to present after Committee departs

Selection Committee scores for finalists (announced Sept 28)

**Week 9 Coaching teams - Finalists**

Review video from session #3

Reflect, resonate, integrate group feedback; final refinements

Practice, practice (speakers); continue fan club (coaches)

**Week 10 Coaching teams - Finalists**

No more changes to speech

Practice, practice, practice (speakers); continue fan club (coaches)

Consider clothing choice for finale (speakers)

**Week 11 Rehearsal – Finalists**

All speakers and all coaches invited to Deckers

Mini training: = Visioning peak performance

Use of stage and audiovisuals (speakers); greatest fan club (coaches)

**October 15 Finale -** Finalists perform; (2) judges comments after each pitch

All coaches and all speakers celebrate